

2010 State Profile — Kentucky

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: <http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Kentucky, 293 substance abuse treatment facilities were included in the 2010 N-SSATS, reporting that there were 18,576 clients in substance abuse treatment on March 31, 2010. The survey response rate in Kentucky was 86.6%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2010			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	174	59.4	10,581	57.0	812	70.6
Private for-profit	109	37.2	6,916	37.2	333	29.0
Local, county, or community government	2	0.7	215	1.2	5	0.4
State government	4	1.4	421	2.3	0	0.0
Federal government	4	1.4	443	2.4	0	0.0
Dept. of Veterans Affairs	2	0.7	234	1.3	0	0.0
Dept. of Defense	2	0.7	209	1.1	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	0	0.0	0	0.0	0	0.0
Total	293	100.0	18,576	100.0	1,150	100.0

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2010			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	131	44.7	8,648	46.6	150	13.0
Mental health services	27	9.2	717	3.9	70	6.1
Mix of mental health & substance abuse treatment services	131	44.7	9,118	49.1	930	80.9
General health care	1	0.3	39	0.2	0	0.0
Other/unknown	3	1.0	54	0.3	0	0.0
Total	293	100.0	18,576	100.0	1,150	100.0

Substance Abuse Problem Treated

	Facilities ^{1, 2, 3}		Clients in Treatment on March 31, 2010			
			Clients ³		Clients per 100,000 Pop.	
	No.	%	No.	%	Aged 18 and Over	
Clients with both alcohol and drug abuse	249	93.3	9,311	50.1	261	
Clients with drug abuse only	220	82.4	5,727	30.8	166	
Clients with alcohol abuse only	208	77.9	3,538	19.0	102	
Total²	267		18,576	100.0	528	

¹ Facilities may be included in more than one category.

³ Sum of individual items may not agree with the total due to rounding.

² Facilities excluded because they were not asked or did not respond to this question:

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Type of Care	Clients in Treatment on March 31, 2010							
	Facilities ¹		All Clients				Clients Under Age 18	
			Median No. of Clients Per Facility					
No.	%	No.	%	No.	%			
Outpatient	248	84.6	16,627	89.5	50.0	981	85.3	
Regular	237	80.9	13,096	70.5	50.0			
Intensive	86	29.4	1,706	9.2	13.0			
Day treatment/partial hospitalization	17	5.8	68	0.4	4.5			
Detoxification	15	5.1	182	1.0	13.5			
Methadone/buprenorphine	12	4.1	1,575	8.5	168.5			
Residential (non-hospital)	54	18.4	1,635	8.8	17.5	59	5.1	
Short term	21	7.2	257	1.4	10.5			
Long term	43	14.7	1,252	6.7	16.0			
Detoxification	17	5.8	126	0.7	5.5			
Hospital Inpatient	17	5.8	314	1.7	12.0	110	9.6	
Treatment	12	4.1	219	1.2	12.0			
Detoxification	15	5.1	95	0.5	7.0			
Total	293		18,576	100.0	50.0	1,150	100.0	

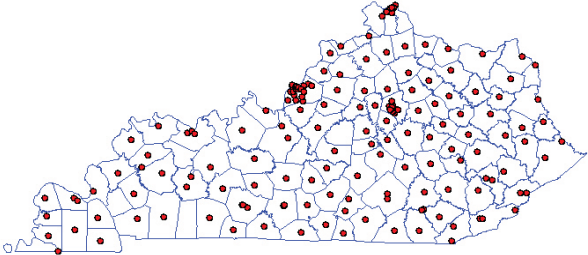
¹Facilities may provide more than one type of care.


Opioid Treatment Programs (OTPs)			Facility Licensing, Approval, Certification, or Accreditation		
No.	% ¹		Facilities ¹		
No.	%		No.	%	
Facilities with OTPs	11	0.9			
Clients in Facilities with OTPs					
Methadone	1,710	94.1	Any listed agency/organization	278	94.9
Buprenorphine	108	5.9	State substance abuse agency	248	84.6
Total	1,818	100.0	State mental health department	179	61.1
¹ Percentage of all OTP facilities that are in this State or jurisdiction.			State department of health	82	28.0
			Hospital licensing authority	24	8.2
			The Joint Commission	84	28.7
			CARF ²	26	8.9
			NCQA ³	8	2.7
			COA ⁴	9	3.1
			Other State/Local Agency/Org	47	16.0
			¹ Facilities may be licensed by more than one agency/organization.		
			² Commission on Accreditation of Rehabilitation Facilities		
			³ National Committee for Quality Assurance		
			⁴ Council on Accreditation		
Facility Payment Options			Facility Funding		
Facilities ¹			Facilities		
No.	%		No.	%	
Cash or self-payment	280	95.6	Receives Federal, State, county, or local government funds for substance abuse treatment programs	152	51.9
Private health insurance	187	63.8			
Medicare	121	41.3			
Medicaid	113	38.6			
Other State-financed health insurance	100	34.1			
Federal military insurance	144	49.1			
Access to Recovery (ATR) vouchers ²	N/A	N/A			
No payment accepted	6	2.0			
Accepts other payments	2	0.7			
Sliding fee scale	195	66.6			
Treatment at no charge for clients who cannot pay	154	52.6			
¹ Facilities may accept more than one type of payment.					
² Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY. Not applicable (N/A) in other areas.					

Types of Services Offered	Facilities	
	No.	%
Assessment and Pre-Treatment Services	292	99.7
Screening for substance abuse	282	96.2
Screening for mental health disorders	216	73.7
Comprehensive substance abuse assessment/diagnosis	268	91.5
Comprehensive mental health assessment/diagnosis	171	58.4
Outreach to persons in the community who may need treatment	132	45.1
Interim services for clients when immediate admission is not possible	106	36.2
Testing	214	73.0
Breathalyzer/blood alcohol testing	130	44.4
Drug or alcohol urine screening	194	66.2
Screening for Hepatitis B	42	14.3
Screening for Hepatitis C	43	14.7
HIV testing	42	14.3
STD testing	33	11.3
TB screening	62	21.2
Counseling	291	99.3
Individual counseling	285	97.3
Group counseling	277	94.5
Family counseling	234	79.9
Marital/couples counseling	200	68.3
Transitional Services	275	93.9
Discharge planning	252	86.0
Aftercare/continuing care	246	84.0
Pharmacotherapies	142	48.5
Antabuse®	42	14.3
Naltrexone	50	17.1
Campral®	43	14.7
Nicotine replacement	42	14.3
Smoking cessation medications (non-nicotine)	34	11.6
Medications for psychiatric disorders	120	41.0
Methadone	12	4.1
Buprenorphine	18	6.1
Subutex®	9	3.1
Suboxone®	17	5.8
Ancillary Services	289	98.6
Case management services	214	73.0
Social skills development	167	57.0
Mentoring/peer support	94	32.1
Child care for clients' children	13	4.4
Assistance with obtaining social services	109	37.2
Employment counseling or training for clients	84	28.7
Assistance in locating housing for clients	115	39.2
Domestic violence--family or partner violence	137	46.8
Early intervention for HIV	59	20.1
HIV or AIDS education, counseling, or support	125	42.7
Hepatitis education, counseling, or support	92	31.4
Health education other than HIV/AIDS or hepatitis	116	39.6
Substance abuse education	275	93.9
Transportation assistance to treatment	54	18.4
Mental health services	200	68.3
Acupuncture	4	1.4
Residential beds for clients' children	9	3.1
Self-help groups	103	35.2
Smoking cessation program	33	11.3
Clinical/Therapeutic Approaches Used Always or Often or Sometimes	Facilities	
	No.	%
Substance abuse counseling	289	98.6
Relapse prevention	286	97.6
Cognitive-behavioral therapy	273	93.2
12-step facilitation	223	76.1
Motivational interviewing	256	87.4
Anger management	246	84.0
<i>Continued.</i>		

Clinical/Therapeutic Approaches Used Often or Sometimes (cont.)			Facilities	
			No.	%
Brief intervention			238	81.2
Contingency management/motivational incentives			131	44.7
Trauma-related counseling			195	66.6
Rational emotive behavioral therapy			163	55.6
Matrix model			91	31.1
Community reinforcement plus vouchers			24	8.2
Other treatment approaches			47	16.0

Facility Capacity and Utilization Rate¹			Programs for Special Groups	
	Residential	Hospital Inpatient	Facilities	
			No.	%
Number of facilities	51	10	242	82.6
Number of clients ²	1,614	254	85	29.0
Number of designated beds	1,755	273	69	23.5
Utilization rate (%)	92.0	93.0	81	27.6
No. of designated beds/facility (avg.)	34	27	149	50.9
			89	30.4
			46	15.7
			43	14.7
			10	3.4
			15	5.1
			11	3.8
			15	5.1

Services in Sign Language for the Hearing Impaired and in Languages Other than English			Location of Treatment Facilities	
	No.	%		
Hearing impaired/sign language	142	48.5		
Any language other than English	158	53.9		
Services Provided by:				
On-call interpreter	140	88.6		
Staff counselor	9	5.7		
Both staff counselor and on-call interpreter	9	5.7		
Languages Provided by Staff Counselor:¹				
Spanish	18	100.0		
American Indian/Alaska Native	0	0.0		
Other	2	11.1		

<p>Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2010. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.</p> <p>Access the latest N-SSATS reports at: http://www.samhsa.gov/data/DASIS.aspx#N-SSATS</p> <p>Access the latest N-SSATS public use files at: http://www.datafiles.samhsa.gov</p> <p>Other substance abuse reports are available at: http://www.samhsa.gov/data/</p> <p>  U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES Substance Abuse and Mental Health Services Administration Center for Behavioral Health Statistics and Quality www.samhsa.gov/data/ </p>	<p>• Access N-SSATS profiles for individual States at: http://www.dasis.samhsa.gov/webt/NewMapv1.htm</p> <p>• For information on individual facilities, access SAMHSA's Treatment Facility Locator at: http://findtreatment.samhsa.gov/</p>
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